

2013 Human Race 5K Awards
July 27, 2013

OVERALL

5K RUN MALE OVERALL:

1	179	JAMES VANCE	M20-29	16:22
2	110	JAMES NALLY	M20-29	16:52
3	3	CHRIS MCCULLOUGH	M30-39	17:06

5K RUN FEMALE OVERALL:

1	111	MEAGHAN NALLY	F20-29	18:16
2	91	NIKKI LONG	F20-29	18:49
3	153	MARY SHORE	F40-49	21:01

MALE

5K RUN MALE 0 - 12:

1	199	RYAN LIPPERT		21:30
2	371	TYLER HIGGINS		21:52
3	196	DANIEL JENG		22:40

5K RUN MALE 13 - 15:

1	449	LUKE GILLILAND		19:02
2	155	NOAH SISSON		19:19
3	307	LORENZO SCALISE		20:28

5K RUN MALE 16 - 19:

1	114	DANIEL PALMER		18:26
2	6	ADDISON MONTAGU		19:21
3	160	NATHAN SPENCER		19:34

5K RUN MALE 20 - 29:

1	464	PETER GOLDE		18:16
2	314	LUCAS NESS		18:27
3	308	ANDY STEWART		19:17

5K RUN MALE 30 - 39:

1	108	BRIAN MURPHY		17:11
2	4	PETE KARDASIS		20:51
3	358	ERIK TETADA		21:06

5K RUN MALE 40 - 49:

1	36	PETER CRISI		20:18
2	104	SHAWN MILLS		22:53
3	138	SCOTT RENDFREY		26:12

5K RUN MALE 50 - 59:

1	225	SCOTT HARTLEY		17:22
2	343	RAUL CARRIZALEZ		17:32
3	303	RON MICHAELS		20:45

5K RUN MALE 60 - 69:

1	58 CHRIS HEGG	21:34
2	310 JONATHAN ZEIF	23:24
3	189 STAN WOLFF-MILLS	24:19

5K RUN MALE 70 - 99:

1	89 STEPHEN LAKE	31:01
2	309 JOHN YULE	36:57
3	161 JOHN STEWART	43:22

FEMALE**5K RUN FEMALE 13 - 15:**

1	17 CATHEIRNE BEARD	24:22
2	210 ISABELLA FORSTER	37:19
3	121 NAOMI PENNINGTON	40:25

5K RUN FEMALE 16 - 19:

1	45 SYDNEY FRONCECK	25:39
2	255 ALLIE PRYHARSKI	28:09
3	23 KELSIE BROWN	29:21

5K RUN FEMALE 20 - 29:

1	368 JESSIE WILBURN	21:07
2	336 SAVANNAH GEASEY	21:37
3	311 MARISSA DEMERCURIO	23:14

5K RUN FEMALE 30 - 39:

1	22 KARRIE BROWN	21:11
2	315 BARB MARTIN	21:45
3	30 EMILY CATHCART	24:18

5K RUN FEMALE 40 - 49:

1	49 LONI GRAY	22:47
2	478 CAROLYN DEMEYER	23:01
3	44 KIERSTEN FOLB	26:05

5K RUN FEMALE 50 - 59:

1	9 JANE MELANDER	26:04
2	326 EILEEN CRAVENS	26:30
3	185 LESLIE WELLS	26:52

5K RUN FEMALE 60 - 69:

1	105 CATHY MORGAN	25:55
2	32 BONNIE CLARK	29:06
3	57 ANNE HEGG	30:37

5K RUN FEMALE 70 - 99: